

## **SHAC Minutes 9/20/2018**

### **Introductions**

Committee members introduced themselves.

### **Members Present**

Molly James, Allison Jasso, Chris Hutchison, Sara Plank, Fisher Sherrodd, Jay Whitehead, Rachel Arthur, Marilou Duchaney, Pat Perdue.

### **Approval of Minutes**

A motion to approve the minutes from 5/10/2018 was made by C. Hutchison. Seconded by R. Arthur.

### **Scoliosis Screening Legislation**

M. James shared the updated August 2018 Spinal Screening Manual Addendum which states:

- Girls will be screened two times, once at age 10 (or fall semester of grade 5) and again at age 12 (or fall semester of grade 7).
- Boys will be screened one time at age 13 or 14 (or fall semester of grade 8).
- It is incumbent on schools to identify outliers (i.e., children promoted to higher grades or held back) and ensure their screenings align with appropriate ages rather than grades.

This is a change from the original House Bill 1076 which identified students to be screened by age and not by grade. This addendum is helpful to school nurses who perform spinal screenings.

### **Child Nutrition Updates**

R. Arthur reported that Child Nutrition is operating a new provision to all schools in the Freeport feeder pattern, minus SFA, which allows all students to eat breakfast and lunch for free. Child Nutrition has seen an increase in participation and meals served. We are currently serving an average of 100 more breakfast meals/day and 150 more lunches/day.

Child Nutrition is ahead of the game in identifying free and reduced meals as compared with years past. They are seeing about a 10% higher rate in free and reduced meals at all campuses. This is because families are being asked to fill out the form whether or not they think they will qualify.

R. Arthur's goal this year is to coordinate "refresh" for the CATCH program. It has been several years since the initial training. This would refresh the training for originally trained staff as well as staff who began after the initial training.

### **Counseling/Psychiatric Health in the Schools**

A.Jasso provided information regarding the SFA Clinic's role in providing counseling services to BISD students. The School-based Health Clinics at Velasco Elementary and Brazosport High School no longer exist. The SFA Clinic now provides 5 site locations- Brazoswood, Brazosport,

Ney Elementary, Ogg Elementary, and Clute Intermediate. Each site provides four 30-minute sessions available at one of the sites each day of the week. SFA Clinic accepts Medicaid, Medicare, Sliding Scale and even grants when necessary.

### **Screenagers**

A.Jasso explained that Screenagers is a documentary about the amount of time teenagers are spending in front of a screen, i.e., phones, computers, video games, and the effect it is having on their brains. Committee members viewed a trailer of the documentary and then discussed personal opinions. Counseling services offered a viewing of this documentary to the community twice in the last 2 weeks at Lake Jackson Intermediate and Brazosport High School.

### **Student Reports**

S. Plank reported that yesterday was the 1st blood drive of the school year. Students can make an appointment or walk-in. Students who are 16 years old must have parent permission. 17 years and older do not need parent permission to participate. The drive collected 148 vessels which amounts to 450 lives saved.

F. Sherrod stated that Nov. 5-9 is mental health awareness week. Stuco is making plans to have therapy dogs available, as well as yoga instructors. There will be booths in the library mall area and Buccaneer Stress balls will be thrown during the pep rally.

### **Adjourn**

4:35pm